



UNIVERZA
V LJUBLJANI

University Office for students and alumni

- Career centers
- Centre for Extracurricular activities
- Alumni Clubs Association

Career centers

www.uni-lj.si/en/study/career-centres

Career planning

- Knowing your future direction through self-assessment and career exploration
- Engaging with alumni and employers
- Perfect your CV

Workshops & Events

- Employer information sessions - Career Fairs
- Key competences workshops
- E-classroom
- **Counselling Appointments**
- Internship & job search strategies
- Interview preparation
- Identifying your interests, values, strengths and weaknesses
- Review your CV and motivation letter



Workshop: Project management

- Thursday, 10 october 2024, 15.00-17.15, online

The project approach is becoming an increasingly frequently used approach to managing and executing work in all organizations. The goal of the workshop is therefore to acquaint students with the fundamental concepts of project management and the skills required for successful project management and implementation. You are welcome to apply if you are interested in how to set up and run a (cultural or entrepreneurial) project.

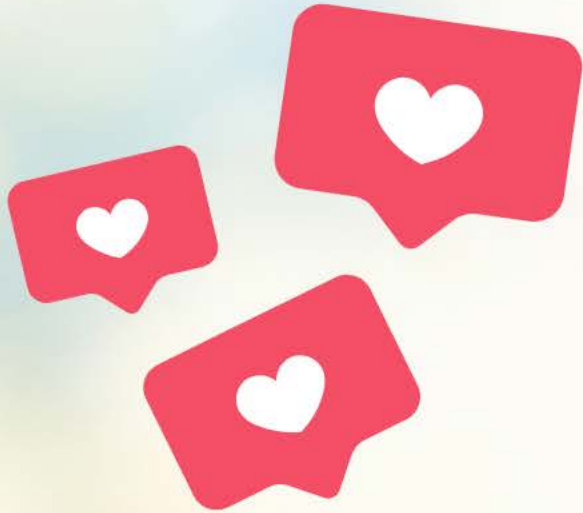



Workshop: Boundaries in interpersonal relationships and assertive communication

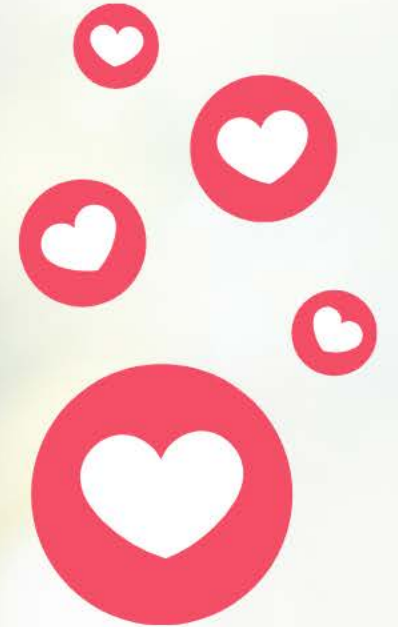
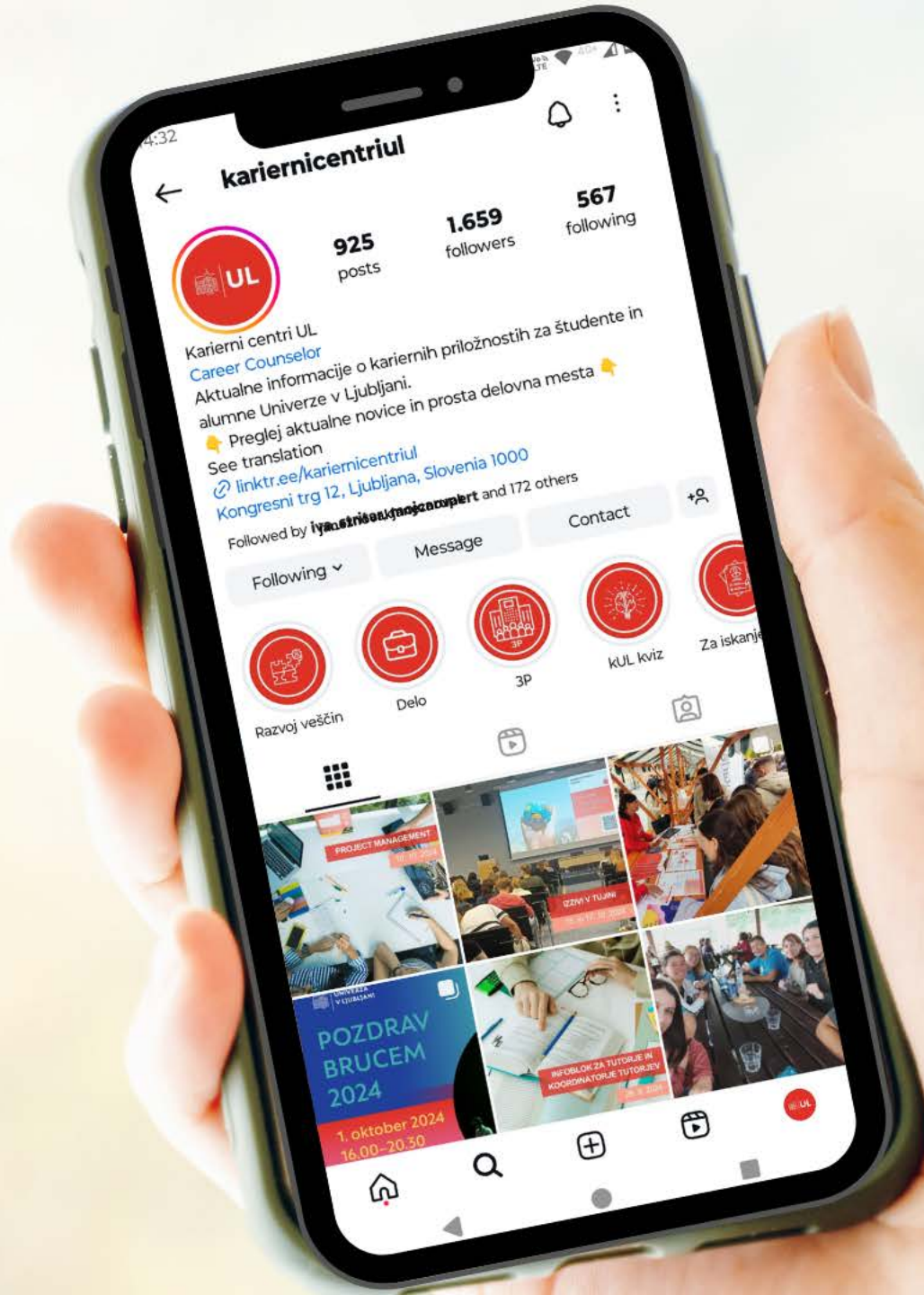
- **Monday, 18 November 2024, 15.00-16.30, online.**

At lecture we will talk about boundaries in interpersonal relationships and assertive communication. You will learn about recognizing one's own boundaries and the boundaries of others, assertive communication and obstacles on the way to forming an assertive attitude in interpersonal relationships, fundamental conditions for the development of assertive relationships, how to act in toxic relationships and how to create safe interpersonal working relationships that will support the motivation and commitment of all involved.





 [@kariernicentriul](https://www.instagram.com/kariernicentriul)





Daily recreation programmes

- **Sports activities:** functional training, fitness, bootcamp, pilates, yoga, badminton, table tennis, volleyball, basketball, football, etc.

Locations:

- University Sports Hall Rožna dolina, Svetčeva 11, Ljubljana
- Gimnastični center Ljubljana, Koprška ulica 29
- Srednja zdravstvena šola, Poljanska 61
- Srednja gradbena, geodetska, okoljevarstvena šola in strokovna gimnazija Ljubljana (SGGOŠ), Dunajska cesta 102 (športna dvorana)
- Via zoom link – apply in POPR for »Dostop preko spleta«



Schedule: [POPR](#) application system



<https://youtu.be/TIAxeDrVXmQ>

FAQ

- Every individual with a valid student status at the University of Ljubljana can apply for the exercises (one per day).
- **All exercises are FREE for students of the University of Ljubljana.**
- When entering the hall, the student must show at the reception:
- **a student identity card** or any other document (a certificate, an online registration into the sistem of the faculty), proving student status for the current academic year,
- a document (an ID or a passport) with a photograph.
- Entry into the gym is allowed only in **suitable sports equipment and clean sports shoes**. With proper footwear we maintain the level of hygiene and prevent damage to the floor surfaces.
- All exercises start on time. After the exercise has already started, entry is not possible. **Do not be late.**

Daily recreation rules

- ✓ **clean sports shoes (extra)**
- ✓ **take care of sports equipment**
- ✓ **follow the exercise schedule**
- ✓ **fair play**
- ✓ **enjoy it**



<https://popr.uni-lj.si> 

POPR: Personal and Professional Development Portal

- Simple **overview of all activities** on one place - events, workshops, sport activities, etc.
- Easy way to book your appointment with **career counsellor** and **submitting your CV for review**
- Quick overview of all **student job and employment opportunities**.



How to sign up to activities?

Visit: <https://popr.uni-lj.si/>

- Click on the „Exchange students“ tab
- Select Registration and fill out the form with your data
- After receiving confirmation e-mail you sign in to the platform in the group Exchange students with your chosen username and password.

Need help?

Read instructions [here](#).

If still doesn't work, send e-mail on popr@uni-lj.si



Dobrodošli!

Dobrodošli v portalu osebnega in profesionalnega razvoja (POPR). Za vstop v portal je potrebna prijava ali registracija. Če ste študenti, se lahko prijavite s svojo digitalno identiteto, vsi ostali se morate najprej registrirati in počakati na potrditev registracije. Če niste prepričani, v katero skupino spadate, [poglejte sem](#).

Študenti/Students



Alumni prijava in registracija



Dijaki / Prospective students



Študenti UL brez trenutnega statusa / Other students



Zaposleni/UL staff



Ostali / Others



Izmenjalni študenti / Exchange students



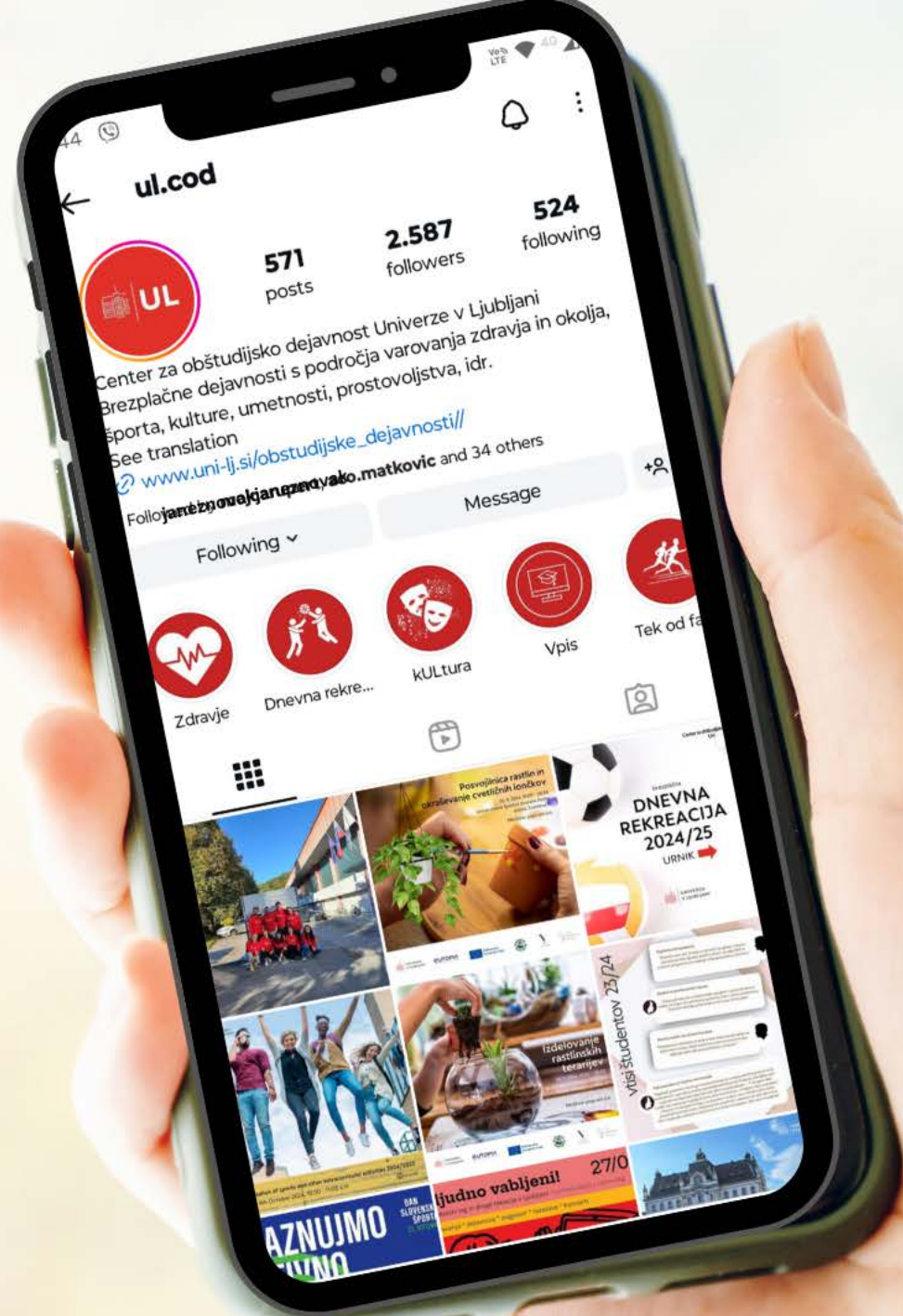
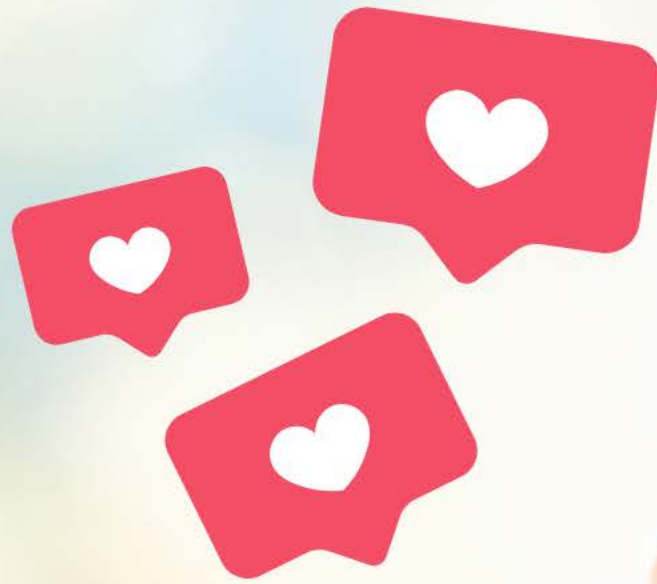
A photograph of two young women in a clothing exchange event. They are both smiling and holding up a bright yellow sweater. The woman on the left has long brown hair and is wearing a grey sweater. The woman on the right has blonde hair tied back and is wearing a pink hoodie. In the background, there are other people, a green wall, and various clothing items on display.

OCTOBER/NOVEMBER
Clothing exchange



DECEMBER

New Year's university dance



 @ul.cod