



University Office for students and alumni

- Career centers
- Centre for Extracurricular activities
- Alumni Clubs Association



Career centers www.uni-lj.si/en/study/career-centres

Career planning

- Knowing your future direction through self-assessment and career exploration
- Engaging with alumni and employers
- Perfect your CV

Workshops & Events

- Employer information sessions Career Fairs
- Key competences workshops
- E-classroom
- **Counselling Appointments**
- Internship & job search strategies
- Interview preparation
- Identifying your interests, values, strengths and weaknesses
- Review your CV and motivation letter











Centre for Extracurricular activities

- Credit-valued extracurricular activities in the fields of sport, health protection, digital competences and artificial intelligence, oral and written communication competences, environmental protection, entrepreneurship, time and project management (3 or 4 ECTS)
- Other extracurricular activities that enhance psychophysical balance and strengthen skills and competences
- University sports hall management







Daily recreation programmes

• **Sports activites:** functional training, fitness, bootcamp, pilates, yoga, badminton, table tennis, volleyball, basketball, football, etc.



Locations:

- University Sports Hall Rožna dolina, Svetčeva 11, Ljubljana
- Gimnastični center Ljubljana, Koprska ulica 29
- Srednja zdravstvena šola, Poljanska 61
- Srednja gradbena, geodetska, okoljevarstvena šola in strokovna gimnazija Ljubljana (SGGOŠ), Dunajska cesta 102 (športna dvorana)
- Via zoom link apply in POPR for »Dostop preko spleta«



Schedule: POPR application system





https://youtu.be/TIAxeDrVXmQ



FAQ

- Every individual with a valid student status at the University of Ljubljana can apply for the exercises (one per day).
- All exercises are FREE for students of the University of Ljubljana.
- When entering the hall, the student must show at the reception:
- a student identity card or any other document (a certificate, an online registration into the sistem of the faculty), proving student status for the current academic year,
- a document (an ID or a passport) with a photograph.
- Entry into the gym is allowed only in suitable sports
 equipment and clean sports shoes. With proper footwear we
 maintain the level of hygiene and prevent damage to the floor
 surfaces.
- All exercises start on time. After the exercise has already started, entry is not possible. **Do not be late.**

Daily recreation rules





follow the exercise schedule







https://popr.uni-lj.si





- Simple overview of all activities on one place events, workshops, sport activities, etc.
- Easy way to book your appointment with career counsellor a nd submitting your CV for review
- Quick overview of all student job and employment opportunities.



How to sign up to activities?

Visit: https://popr.uni-lj.si/



- Click on the "Exchange students" tab
- Select Registration and fill out the form with your data
- After receiving confirmation e-mail you sign in to the platform in the group Exchange students with your chosen username and password.

Need help?

Read instructions <u>here</u>.

If still doesn't work, send e-mail on <u>popr@uni-lj.si</u>

Dobrodošli!

Dobrodošli v portalu osebnega in profesionalnega razvoja (POPR). Za vstop v portal je potrebna prijava ali registracija. Če ste študenti, se lahko prijavite s svojo digitalno identiteto, vsi ostali se morate najprej registrirati in počakati na potrditev registracije. Če niste prepričani, v katero skupino spadate, poglejte sem.

Študenti/Students	③
Alumni prijava in registracija	③
Dijaki / Prospective students	③
Študenti UL brez trenutnega statusa / Other students	③
Zaposleni/UL staff	③
Ostali / Others	③
Izmenialni čtudenti / Evchange students	<u>()</u>















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