

STUDY PROGRAMME CURRICULUM KINESIOLOGY

2023/2024

Name of study programme	Kinesiology
Programme characteristics	
Type	academic
Cycle	bachelor
University of Ljubljana members	• Faculty of Sport, Gortanova ulica 22, 1000 Ljubljana, Slovenija (100 %)

Year 1

	University Course Code	Course title	Lecturers	Contact hours					Individual student work	Total hours	ECTS	Semesters	Elective
				Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study					
1.	0104747	Functional anatomy	izr. prof. dr. Vedran Hadžić, prof. dr. Draga Štiblar Martinčič	60		30			90	180	6	1st semester	no
2.	0077435	Basics of sports pedagogy	prof. dr. Jožef Štihec	60	15			30	105	210	7	All-year	no
3.	0042624	Physiology of sport 1	Helena Lenasi	60		30			90	180	6	2nd semester	no
4.	0042623	Sports medicine 1	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	30	0	15	0	0	45	90	3	2nd semester	no
5.	0042626	History of Sport	izr. prof. dr. Tomaž Pavlin	30	15				45	90	3	2nd semester	no
6.	0045065	Psychology	izr. prof. dr. Saša Cecić Erpič, prof. dr. Matej Tušak	60	15	15			90	180	6	All-year	no
7.	0042622	Informatics in sport	doc. dr. Bojan Leskošek	30		30			60	120	4	1st semester	no

8.	0042625	Biomechanics of sport 1	prof. dr. Matej Supej, prof. dr. Otmar Kugovnik	30		15			45	90	3	2nd semester	no
9.	0042637	Statistics in sports	doc. dr. Bojan Leskošek	30		30			60	120	4	2nd semester	no
10.	0042615	Basics of movement in sport	prof. dr. Maja Pajek	45	15	30			90	180	6	1st semester	no
11.	0099472	Programme related electives 1		30		90			120	240	8	1st semester	no
12.	0099473	Programme related electives 2		15		45			60	120	4	2nd semester	no
Total				480	60	330	0	30	900	1800	60		

Programme related electives 1

				Contact hours									
	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0077424	Athletics 1	prof. dr. Branko Škof, prof. dr. Milan Čoh	15		45			60	120	4	2nd semester	yes
2.	0077426	Movement in water	izr. prof. dr. Igor Štirn	15	15	30			60	120	4	2nd semester	yes
3.	0098550	Artistic gymnastics with rhythmic 1	prof. dr. Maja Pajek, prof. dr. Ivan Čuk	15	0	45	0	0	60	120	4	1st semester	yes
Total				45	15	120	0	0	180	360	12		

Students select two electives.

Programme related electives 2

				Contact hours									
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	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0077441	Swimming 1 with basics of water rescue technique	izr. prof. dr. Jernej Kapus	15		45			60	120	4	1st semester	yes
2.	0077426	Movement in water	izr. prof. dr. Igor Štirn	15	15	30			60	120	4	2nd semester	yes
3.	0077424	Athletics 1	prof. dr. Branko Škof, prof. dr. Milan Čoh	15		45			60	120	4	2nd semester	yes
4.	0089380	Dancing 1	izr. prof. dr. Petra Zaletel	15		45			60	120	4	2nd semester	yes
5.	0098550	Artistic gymnastics with rhythmic 1	prof. dr. Maja Pajek, prof. dr. Ivan Čuk	15	0	45	0	0	60	120	4	1st semester	yes
Total				75	15	210	0	0	300	600	20		

Students select 1 elective.

Year 2

				Contact hours									
	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0042728	Conditioning 1	doc. dr. Aleš Dolenc, izr. prof. dr. Igor Štirn, izr. prof. dr. Katja Tomažin, prof. dr. Anton Ušaj, prof. dr. Vojko Strojnik	90	30	90	0	0	210	420	14	2nd semester	no
2.	0042723	Physiology of sport 2	izr. prof. dr. Helena Lenasi	45	0	0	0	0	45	90	3	1st semester	no

3.	0042724	Sports medicine 2	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	45	0	45	0	0	90	180	6	1st semester	no
4.	0042951	Neuromechanical basics of movement 2	izr. prof. dr. Katja Tomažin, prof. dr. Vojko Strojnik	15	15	15	0	0	45	90	3	2nd semester	no
5.	0042954	Management of sports exercise	prof. dr. Gregor Jurak, prof. dr. Marjeta Kovač	15	0	30	0	0	45	90	3	2nd semester	no
6.	0042638	Neuromechanical basics of movement 1	izr. prof. dr. Katja Tomažin, prof. dr. Vojko Strojnik	60	0	30	0	0	90	180	6	1st semester	no
7.	0042632	Somatic and motor development of children and youth	doc. dr. Gregor Starc	45	0	0	0	0	45	90	3	2nd semester	no
8.	0042727	Biomechanics of sport 2	prof. dr. Matej Supej, prof. dr. Otmar Kugovnik	30	0	15	0	0	45	90	3	1st semester	no
9.	0042641	Basic principles of sports training 1	doc. dr. Boro Štrumbelj, prof. dr. Anton Ušaj	30	0	15	0	0	45	90	3	2nd semester	no
10.	0099474	Programme related electives 3		30		90			120	240	8	1st semester	no
11.	0099476	Programme related electives 4		30		90			120	240	8	All-year	no
Total				435	45	420	0	0	900	1800	60		

Programme related electives 3

				Contact hours									
	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0080852	Nordic skiing 1	prof. dr. Janez Pustovrh	15		30			60	105	4	1st semester	yes

2.	0080856	Alpine skiing and snowboarding 1	prof. dr. Blaž Lešnik, prof. dr. Milan Žvan	15		30			60	105	4	1st semester	yes
3.	0075839	Mountaineering	izr. prof. dr. Tadej Debevec	20	10	30			60	120	4	1st semester	yes
Total				50	10	90	0	0	180	330	12		

Students selects two electives.

Programme related electives 4

				Contact hours									
University Course Code	Course title	Lecturers		Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0098553	Basketball 1	prof. dr. Frane Erčulj	15	0	45	0	0	60	120	4	2nd semester	yes
2.	0098883	Football 1	prof. dr. Goran Vučković	15	0	45	0	0	60	120	4	2nd semester	yes
3.	0098889	Volleyball 1	doc. dr. Marko Zdražnik	15	0	45	0	0	60	120	4	1st semester	yes
4.	0099056	Handball 1	prof. dr. Marko Šibila	15	0	45	0	0	60	120	4	1st semester	yes
Total				60	0	180	0	0	240	480	16		

Students selects 2 electives.

Year 3

				Contact hours									
University Course Code	Course title	Lecturers		Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0640999	Aerobics - group exercise to music	izr. prof. dr. Petra Zaletel	15	10	50			75	150	5	2nd semester	no

1.	0045113	Scuba diving	izr. prof. dr. Jernej Kapus, izr. prof. dr. Tanja Kajtna	15	0	45	0	0	60	120	4	1st semester	yes
2.	0077338	Alpine skiing - skiing is a game	prof. dr. Blaž Lešnik, prof. dr. Milan Žvan	15		45			60	120	4	1st semester	yes
3.	0077340	Performance analysis of sport	prof. dr. Goran Vučković	15		45			60	120	4	1st semester	yes
4.	0045122	Elementary physical education	prof. dr. Mateja Videmšek	45	45	30		15	135	270	9	2nd semester	yes
5.	0045151	Golf	prof. dr. Milan Čoh, prof. dr. Milan Žvan	15		45			60	120	4	1st semester	yes
6.	0045138	Movements and games with ball	prof. dr. Goran Vučković	15		45			60	120	4	1st semester	yes
7.	0045117	Windsurfing	doc. dr. Matej Majerič	15		45	0	0	60	120	4	2nd semester	yes
8.	0045120	Judo	prof. dr. Damir Karpljuk	15		45			60	120	4	1st semester	yes
9.	0045148	Nordic walking and running 1	prof. dr. Janez Pustovrh	15		45			60	120	4	2nd semester	yes
10.	0082393	Beachvolley	doc. dr. Tine Sattler	15		45			60	120	4	2nd semester	yes
11.	0045112	Public relations in sport	prof. dr. Mojca Doupona	15		30			45	90	3	2nd semester	yes
12.	0077341	Orienteering	Dušan Petrovič, izr. prof. dr. Blaž Jereb, prof. dr. Branko Škof	15		45			60	120	4	2nd semester	yes

13.	0082401	Jumping on trampolines	prof. dr. Ivan Čuk	15		45	0	0	60	120	4	2nd semester	yes
14.	0045150	Squash	prof. dr. Goran Vučković	15		45			60	120	4	1st semester	yes
15.	0045114	Social skills for teachers and coaches	izr. prof. dr. Saša Cecić Erpič	15	0	45			60	120	4	2nd semester	yes
16.	0042675	Teaching swimming toddlers and pre-school children according to Fred's method	doc. dr. Dorica Šajber	15	0	30	0		45	90	3	2nd semester	yes
17.	0090451	Telesna dejavnost v podjetjih in javni upravi	prof. dr. Damir Karpljuk	45	45	30		15	135	270	9	All-year	yes
18.	0045116	Touring bike	doc. dr. Samo Rauter, izr. prof. dr. Tadej Debevec	15		45	0	0	60	120	4	2nd semester	yes
19.	0045149	Weightlifting	izr. prof. dr. Igor Štirn	15	0	45	0	0	60	120	4	1st semester, 2nd semester	yes
20.	0097225	Pilates on the mattress	prof. dr. Maja Pajek	15		45			60	120	4	2nd semester	yes
21.	0090448	Sports climbing 1	izr. prof. dr. Blaž Jereb	15		45			60	120	4	1st semester	yes
22.	0045147	Biomechanics 2: Analysis of movement and loadings of human body	prof. dr. Matej Supej	15	0	45	0	0	60	120	4	1st semester	yes
23.	0045196	Basics of diving on breath	doc. dr. Marko Zadražnik, izr. prof. dr. Jernej Kapus	15		30			45	90	3	2nd semester	yes
24.	0104831	Yoga in sport	izr. prof. dr. Petra Zaletel	15		45			60	120	4	2nd semester	yes

25.	0108774	Doping in sport	izr. prof. dr. Tanja Kajtna, izr. prof. dr. Vedran Hadžić	15	0	45			60	120	4	2nd semester	yes
26.	0119549	Beach Sports: Football and Handball	doc. dr. Marta Bon	15		45			60	120	4	2nd semester	no
27.	0127655	Altitude training in sport	izr. prof. dr. Tadej Debevec, prof. dr. Anton Ušaj	15		30			45	90	3	2nd semester	yes
28.	0536105	Chess	doc. dr. Matej Guid, prof. dr. Matej Tušak	15	15	30			60	120	4	1st semester	yes
Total				480	105	1155	0	30	1770	3540	118		