

STUDY PROGRAMME CURRICULUM KINESIOLOGY

Name of study programme	Kinesiology
Programme characteristics	
Type	master's
Cycle	master
University of Ljubljana members	• Faculty of Sport, Gortanova ulica 22, 1000 Ljubljana, Slovenija (100 %)

Exercise therapy (direction/track)

Year 1

	University Course Code	Course title	Lecturers	Contact hours					Individual student work	Total hours	ECTS	Semesters	Elective
				Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study					
1.	0043096	Biomedical basis of physical activity	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	60	30	0	0	30	60	180	6	1st semester	no
2.	0043097	Diagnostic methods	doc. dr. Aleš Dolenc, doc. dr. Boro Štrumbelj, prof. dr. Mojca Doupona, prof. dr. Matej Supej	40	15	95	0	30	120	300	10	1st semester	no
3.	0043098	Physiology of sport	Helena Lenasi	35	10	15			60	120	4	1st semester	no
4.	0043099	Methodology in kinesiology	doc. dr. Bojan Leskošek	45	15	15			75	150	5	1st semester	no
5.	0043100	Psychosocial aspects of exercise for health	izr. prof. dr. Saša Cecić Erpič	65		10			75	150	5	1st semester	no
6.	0043119	Exercise of elderly persons, persons	doc. dr. Aleš Dolenc, prof.	30	15	90	0	0	135	270	9	2nd semester	no

		with some chronic diseases, persons with acute and/or chronic injuries of locomotor apparatus 1	dr. Vojko Strojnik										
7.	0043120	Chronic diseases and physical activity	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	120	30	30		90	90	360	12	2nd semester	no
8.	0043121	Injuries of locomotor system and exercise	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	90	15	30	0	45	90	270	9	2nd semester	no
Total				485	130	285	0	195	705	1800	60		

Year 2

				Contact hours									
	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0043122	Practice	doc. dr. Primož Pori	2	15			180	163	360	12	1st semester	no
2.	0043123	Master's thesis							900	900	30	2nd semester	no
3.	0099130	Electives 10							360	360	12	1st semester	no
4.	0099131	Electives 9		30	30	30			90	180	6	1st semester	no
Total				32	45	30	0	180	1513	1800	60		

Year 2, Electives10

				Contact hours									
	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0043107	Biomechanics 2 with physics in kinesiology	prof. dr. Matej Supej	60	15	15			90	180	6	1st semester	yes

2.	0100277	Electives 1		60		30			90	180	6	1st semester	yes
3.	0100278	Electives 2		60		30			90	180	6	1st semester	yes
4.	0107991	Athlete in extreme environments	izr. prof. dr. Tadej Debevec	25	40	25			90	180	6	1st semester	yes
5.	0557549	Olympic movement and olympic spirit	izr. prof. dr. Tomaž Pavlin	30	15				45	90	3	1st semester	yes
6.	0642795	Weightlifting for sports	izr. prof. dr. Igor Štirn	15		30			45	90	3	1st semester	yes
Total				250	70	130	0	0	450	900	30		

Students select 12 ECTS from electives Master level at any UL Member.

Year 2, Electives 9

	University Course Code	Course title	Lecturers	Contact hours					Individual student work	Total hours	ECTS	Semesters	Elective
				Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study					
1.	0043105	Healthy lifestyle	prof. dr. Edvin Dervišević	30	30	30			90	180	6	1st semester	yes
2.	0096885	Exercise of elderly persons, persons with some chronic diseases, persons with acute and/or chronic injuries of locomotor apparatus 2	izr. prof. dr. Katja Tomažin, prof. dr. Vojko Strojnik	15	10	60		5	90	180	6	1st semester	no
Total				45	40	90	0	5	180	360	12		

Adapted physical activity (direction/track)

Year 1

	University Course Code	Course title	Lecturers	Contact hours					Individual student work	Total hours	ECTS	Semesters	Elective
				Lectures	Seminar	Tutorials	Clinical tutorials	Other forms					

								of study					
1.	0043097	Diagnostic methods	doc. dr. Aleš Dolenc, doc. dr. Boro Štrumbelj, prof. dr. Mojca Doupona, prof. dr. Matej Supej	40	15	95	0	30	120	300	10	1st semester	no
2.	0043096	Biomedical basis of physical activity	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	60	30	0	0	30	60	180	6	1st semester	no
3.	0043098	Physiology of sport	Helena Lenasi	35	10	15			60	120	4	1st semester	no
4.	0043099	Methodology in kinesiology	doc. dr. Bojan Leskošek	45	15	15			75	150	5	1st semester	no
5.	0043100	Psychosocial aspects of exercise for health	izr. prof. dr. Saša Cecić Erpič	65		10			75	150	5	1st semester	no
6.	0043101	Kronične bolezni in vadba	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	60	15	15			70	160	6	2nd semester	no
7.	0043102	Bio-psiho-socialni vidiki starejših oseb, oseb z nekaterimi kroničnimi boleznimi in oseb z akutnimi ali kroničnimi poškodbami gibal	prof. dr. Damir Karpljuk	120	15				135	270	9	2nd semester	no
8.	0043103	Vadba starejših oseb, oseb z nekaterimi kroničnimi boleznimi, oseb z akutnimi in/ali kroničnimi	doc. dr. Aleš Dolenc, prof. dr. Vojko Strojnik	45	20	165		10	210	450	15	2nd semester	no

		poškodbami in okvarami gibal 1											
		Total	470	120	315	0	70	805	1780	60			

Year 2

				Contact hours								
University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1. 0096889	Exercise of elderly persons, persons with some chronic diseases, persons with acute and/or chronic injuries of locomotor apparatus 2	izr. prof. dr. Katja Tomažin, prof. dr. Vojko Strojnik	15	10	60			90	175	6	1st semester	no
2. 0043122	Practice	doc. dr. Primož Pori	2	15			180	163	360	12	1st semester	no
3. 0043123	Master's thesis							900	900	30	2nd semester	no
4. 0099130	Electives10							360	360	12	1st semester	no
	Total		17	25	60	0	180	1513	1795	60		

Year 2, Electives 10

				Contact hours								
University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1. 0043107	Biomechanics 2 with physics in kinesiology	prof. dr. Matej Supej	60	15	15			90	180	6	1st semester	yes
2. 0100277	Electives1		60		30			90	180	6	1st semester	yes
3. 0100278	Electives2		60		30			90	180	6	1st semester	yes
4. 0107991	Athlete in extreme environments	izr. prof. dr. Tadej Debevec	25	40	25			90	180	6	1st semester	yes
	Total		205	55	100	0	0	360	720	24		

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