

## STUDY PROGRAMME CURRICULUM PHYSICAL EDUCATION

2023/2024

Name of study programme	<b>Physical education</b>
Programme characteristics	teacher education
Type	academic
Cycle	bachelor
University of Ljubljana members	• Faculty of Sport, Gortanova ulica 22, 1000 Ljubljana, Slovenija

Year 1

	University Course Code	Course title	Lecturers	Contact hours					Individual student work	Total hours	ECTS	Semesters	Elective
				Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study					
1.	0045064	Sport pedagogy	prof. dr. Jožef Štihec	60	15			30	105	210	7	All-year	no
2.	0045065	Psychology	izr. prof. dr. Saša Cecić Erpič, prof. dr. Matej Tušak	60	15	15			90	180	6	All-year	no
3.	0042618	Athletics 1	prof. dr. Branko Škof, prof. dr. Milan Čoh	15		45			60	120	4	2nd semester	no
4.	0045068	Dancing 1	izr. prof. dr. Petra Zaletel	15	0	45	0	0	60	120	4	2nd semester	no
5.	0104747	Functional anatomy	izr. prof. dr. Vedran Hadžić, prof. dr. Draga Štiblar Martinčič	60		30			90	180	6	1st semester	no
6.	0042623	Sports medicine 1	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	30	0	15	0	0	45	90	3	2nd semester	no

7.	0042624	Physiology of sport 1	Helena Lenasi	60		30			90	180	6	2nd semester	no
8.	0042625	Biomechanics of sport 1	prof. dr. Matej Supej, prof. dr. Otmar Kugovnik	30		15			45	90	3	2nd semester	no
9.	0042626	History of Sport	izr. prof. dr. Tomaž Pavlin	30	15				45	90	3	2nd semester	no
10.	0042627	Artistic gymnastics with rhythmic 1	prof. dr. Maja Pajek, prof. dr. Ivan Čuk	15	0	45	0	0	60	120	4	1st semester	no
11.	0042621	Swimming 1 with basics of water rescue technique	izr. prof. dr. Jernej Kapus	15		45			60	120	4	1st semester	no
12.	0607303	Informatics in sport	doc. dr. Bojan Leskošek	30		30			60	120	4	1st semester	no
13.	0607304	Basics of movement in sport	prof. dr. Maja Pajek	45	15	30			90	180	6	1st semester	no
Total				465	60	345	0	30	900	1800	60		

#### Year 2

	University Course Code	Course title	Lecturers	Contact hours					Individual student work	Total hours	ECTS	Semesters	Elective
				Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study					
1.	0042628	Handball 1	prof. dr. Marko Šibila	15	0	45	0	0	60	120	4	1st semester	no
2.	0045077	Nordic skiing 1A	prof. dr. Janez Pustovrh	7	0	23	0	0	30	60	2	1st semester	no
3.	0042630	Basketball 1	prof. dr. Frane Erčulj	15	0	45	0	0	60	120	4	2nd semester	no
4.	0042631	Racket sports 1	prof. dr. Aleš Filipčič, prof. dr. Miran Kondrič	15	0	45	0	0	60	120	4	1st semester	no

5.	0042632	Somatic and motor development of children and youth	doc. dr. Gregor Starc	45	0	0	0	0	45	90	3	2nd semester	no
6.	0045081	Alpine skiing and snowboarding 1A	prof. dr. Blaž Lešnik, prof. dr. Milan Žvan	8	0	22	0	0	30	60	2	1st semester	no
7.	0042634	Pedagogic psychology	prof. dr. Matej Tušak	30	0	15	0	0	45	90	3	2nd semester	no
8.	0042635	Volleyball 1	doc. dr. Marko Zadražnik	15	0	45	0	0	60	120	4	1st semester	no
9.	0045087	Didactics of physical education 1	prof. dr. Gregor Jurak, prof. dr. Marjeta Kovač	60	45	30	0	0	135	270	9	All-year	no
10.	0042640	Sociology of physical education	prof. dr. Mojca Doupona	15	0	30	0	0	45	90	3	1st semester	no
11.	0045091	Activities in nature	izr. prof. dr. Blaž Jereb	20	10	45	0	0	75	150	5	All-year	no
12.	0042637	Statistics in sports	doc. dr. Bojan Leskošek	30		30			60	120	4	2nd semester	no
13.	0042638	Neuromechanical basics of movement 1	izr. prof. dr. Katja Tomažin, prof. dr. Vojko Strojnik	60	0	30	0	0	90	180	6	1st semester	no
14.	0075844	Football 1	prof. dr. Goran Vučković	15	0	45	0	0	60	120	4	2nd semester	no
15.	0042641	Basic principles of sports training 1	doc. dr. Boro Štrumbelj, prof. dr. Anton Ušaj	30	0	15	0	0	45	90	3	2nd semester	no

	Total	380	55	465	0	0	900	1800	60	
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Year 3

	University Course Code	Course title	Lecturers	Contact hours					Individual student work	Total hours	ECTS	Semesters	Elective
				Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study					
1.	0045092	English	prof. dr. Alenka Vrbinc	45					45	90	3	1st semester	no
2.	0042645	Nordic skiing 1B	prof. dr. Janez Pustovrh	8	0	22	0	0	30	60	2	2nd semester	no
3.	0045094	Basics of management in sport	doc. dr. Jožef križaj, doc. dr. Marta Bon,izr. prof. dr. Tomaž Pavlin, prof. dr. Jakob Bednarik	56	4	15	0	0	75	150	5	2nd semester	no
4.	0042648	Alpine skiing and snowboarding 1B	prof. dr. Blaž Lešnik, prof. dr. Milan Žvan	7	0	23	0	0	30	60	2	2nd semester	no
5.	0045097	Didactics of physical education 2	prof. dr. Gregor Jurak, prof. dr. Marjeta Kovač	15	0	0	0	75	90	180	6	2nd semester	no
6.	0042656	Sport and society	prof. dr. Mojca Doupona	30	0	15	0	0	45	90	3	2nd semester	no
7.	0042657	Mountaineering	izr. prof. dr. Tadej Debevec	20	10	30	0	0	60	120	4	1st semester	no
8.	0042658	Philosophy of sport	prof. dr. Bojan Jošt	30	15				45	90	3	1st semester	no
9.	0045108	Special physical education	prof. dr. Damir Karpljuk, prof. dr. Mateja Videmšek	40	30	20	0	0	90	180	6	1st semester	no
10.	0042661	Anthropology of sport	doc. dr. Gregor Starc,izr. prof. dr. Tomaž Pavlin	30	15		0	0	45	90	3	2nd semester	no

11.	0042663	Artistic gymnastics with rhythmic 2	prof. dr. Maja Pajek, prof. dr. Ivan Čuk	15		30			45	90	3	2nd semester	no
12.	0099374	Programme related electives1		45		90			135	270	9	1st semester	no
13.	0099375	Discipline related electives		75	30	60			165	330	11	All-year	no
Total				416	104	305	0	75	900	1800	60		

#### Discipline related electives

				Contact hours									
	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0077340	Performance analysis of sport	prof. dr. Goran Vučković	15		45			60	120	4	1st semester	yes
2.	0077338	Alpine skiing - skiing is a game	prof. dr. Blaž Lešnik, prof. dr. Milan Žvan	15		45			60	120	4	1st semester	yes
3.	0607335	Scuba diving	izr. prof. dr. Jernej Kapus, izr. prof. dr. Tanja Kajtna	15	0	45	0	0	60	120	4	1st semester	yes
4.	0045147	Biomechanics 2: Analysis of movement and loadings of human body	prof. dr. Matej Supej	15	0	45	0	0	60	120	4	1st semester	yes
5.	0045149	Weightlifting	izr. prof. dr. Igor Štirn	15	0	45	0	0	60	120	4	1st semester, 2nd semester	yes
6.	0045122	Elementary physical education	prof. dr. Mateja Videmšek	45	45	30		15	135	270	9	2nd semester	yes
7.	0045138	Movements and games with ball	prof. dr. Goran Vučković	15		45			60	120	4	1st semester	yes

8.	0045151	Golf	prof. dr. Milan Čoh, prof. dr. Milan Žvan	15		45			60	120	4	1st semester	yes
9.	0045117	Windsurfing	doc. dr. Matej Majerič	15		45	0	0	60	120	4	2nd semester	yes
10.	0045120	Judo	prof. dr. Damir Karpljuk	15		45			60	120	4	1st semester	yes
11.	0045148	Nordic walking and running 1	prof. dr. Janez Pustovrh	15		45			60	120	4	2nd semester	yes
12.	0082393	Beachvolley	doc. dr. Tine Sattler	15		45			60	120	4	2nd semester	yes
13.	0045112	Public relations in sport	prof. dr. Mojca Doupona	15		30			45	90	3	2nd semester	yes
14.	0077341	Orienteering	Dušan Petrovič, izr. prof. dr. Blaž Jereb, prof. dr. Branko Škof	15		45			60	120	4	2nd semester	yes
15.	0045114	Social skills for teachers and coaches	izr. prof. dr. Saša Cecić Erpič	15	0	45			60	120	4	2nd semester	yes
16.	0045150	Squash	prof. dr. Goran Vučković	15		45			60	120	4	1st semester	yes
17.	0090448	Sports climbing 1	izr. prof. dr. Blaž Jereb	15		45			60	120	4	1st semester	yes
18.	0090451	Telesna dejavnost v podjetjih in javni upravi	prof. dr. Damir Karpljuk	45	45	30		15	135	270	9	All-year	yes
19.	0045116	Touring bike	doc. dr. Samo Rauter, izr. prof. dr. Tadej Debevec	15		45	0	0	60	120	4	2nd semester	yes
20.	0082401	Jumping on trampolines	prof. dr. Ivan Čuk	15		45	0	0	60	120	4	2nd semester	yes

21.	0097225	Pilates on the mattress	prof. dr. Maja Pajek	15		45			60	120	4	2nd semester	yes
22.	0045196	Basics of diving on breath	doc. dr. Marko Zadražnik, izr. prof. dr. Jernej Kapus	15		30			45	90	3	2nd semester	yes
23.	0042675	Teaching swimming toddlers and pre-school children according to Fred's method	doc. dr. Dorica Šajber	15	0	30	0		45	90	3	2nd semester	yes
24.	0104831	Yoga in sport	izr. prof. dr. Petra Zaletel	15		45			60	120	4	2nd semester	yes
25.	0108774	Doping in sport	izr. prof. dr. Tanja Kajtna, izr. prof. dr. Vedran Hadžić	15	0	45			60	120	4	2nd semester	yes
26.	0119620	Beach Sports: Football and Handball	doc. dr. Marta Bon	15		45			60	120	4	2nd semester	yes
27.	0127655	Altitude training in sport	izr. prof. dr. Tadej Debevec, prof. dr. Anton Ušaj	15		30			45	90	3	2nd semester	yes
28.	0536105	Chess	doc. dr. Matej Guid, prof. dr. Matej Tušak	15	15	30			60	120	4	1st semester	yes
Total				480	105	1155	0	30	1770	3540	118		

#### Programme related electives1

				Contact hours									
	University Course Code	Course title	Lecturers	Lectures	Seminar	Tutorials	Clinical tutorials	Other forms of study	Individual student work	Total hours	ECTS	Semesters	Elective
1.	0045157	Fitness 1	prof. dr. Maja Dolenc	15	0	30	0	0	45	90	3	1st semester	yes

2.	0045158	Aerobics	izr. prof. dr. Petra Zaletel	15	0	30	0	0	45	90	3	1st semester	yes
3.	0045159	Training of children and youth	prof. dr. Branko Škof	15	0	30	0	0	45	90	3	1st semester	yes
4.	0042712	Sports nutrition	izr. prof. dr. Vedran Hadžić, prof. dr. Edvin Dervišević	30	0	15	0	0	45	90	3	1st semester	yes
Total				75	0	105	0	0	180	360	12		

Student selects 3 electives.